

Canadian Kendo Federation

Grading Iaido Written Examination Questions

Please answer only the questions that are applicable for your grade.

Submit your response to: iaidowrittenexam@kendo-canada.com

Please send your response prior to the registration deadline.

NOTE: Promotion documents cannot be processed until the written examination has been successfully complete.

INCLUDE THE FOLLOWING INFORMATION WITH YOUR SUBMISSION

Name: _____

Dojo: _____

CKF ID#: _____

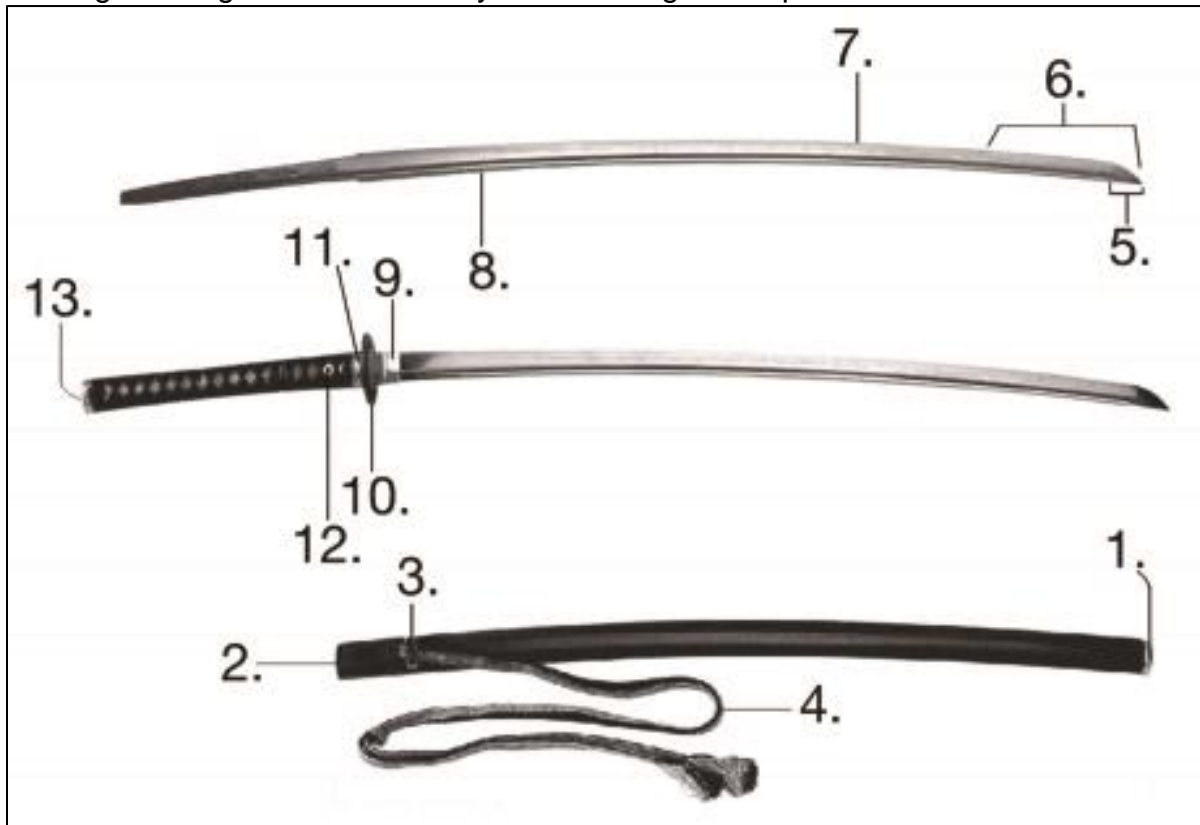
The questions for each exam should be answerable with consultation of the ZNKR Seitei Iaido manual, various reliable Internet websites, your sempai and/or your sensei.

Your answers may be in French or English.

1 – Kyu

Please answer all the questions below:

1. Using the diagram below identify the following sword parts:



1.	2.	3.	4.
5.	6.	7.	8.
9.	10	11.	12.
13.			

2. Identify and briefly describe the following laido techniques:

1. Nukitsuke	2. Furi kaburi	3. Kiri oroshi
4. Chiburi	5. Saya biki	6. Kamae
7. Noto	8. Kesa giri	

3. List the Japanese names of all 12 Zen Ken Ren lai kata.

1 – Dan

Please answer all the questions below:

1. What is the origin of **Mokuso** before/after practice: Shintoism, Confusions, Zen Buddhism, and what is its purpose in modern laido?
2. Describe three (3) safety checks of your sword you should personally carry out before starting laido training?
3. What is **Reiho** and why is it important in laido.
4. What is **Hasuji** and why is it important in laido?
5. Choose one of the Seitegata and describe the situation at the start of the kata including your position and that of any opponents.

2 – Dan

Please answer three (3) of the following questions:

1. Name the Koryu school for your Dojo and list the first set of kata from your Koryu.
2. Explain the following concepts and there application in laido:
 - **Ki-ken-tai-itchi**
 - **Metsuke**
3. Choose one Seitegata and describe four (4) key grading points of the form.
4. What is your understanding of the term **Jo-Ha-Kyu**?
5. Identify three (3) different kamae a practitioner adopts in Seitei laido and, for each one, list a kata where it is used.
6. What is meant by **Okuri-ashi** and how is it relevance in laido?

3 – Dan

Please answer three (3) of the following questions:

1. Explain the following concepts as they relate to laido:
 - **Kigurai**
 - **Seme**
 - **Hakuroku**
2. Where should the hands and kissaki finish at the completion of each of the cuts delivered in Seiteigata 11 - Sou Giri ?
3. Compare (what is similar) and contrast (what is different) a kata from your koryu and a similar seite kata.
4. What is meant by **Kokyu** and how should it be applied to Seitei iaido.
5. What is **Te-no-uchi** and how does it apply to laido?
6. Explain the concept of **Hara** and its importance in laido.

4 – Dan

Please answer three (3) of the following questions:

1. Give three (3) important considerations when teaching a group of beginners.
2. Explain the purpose of the introduction of Seiteigata into the art of laido.
3. List and explain four (4) important points when being an laido shinpan.
4. Why do you value **Reigi** (good manners) in laido?
5. What is **Zanshin** and how is it expressed in your laido?
6. What is meant by **Heijoshin** with particular relevance to laido.

5 – Dan

1. Iaido pedagogy and budo concepts

Answer one (1) of the following questions in this section:

1. What key points would you stress when teaching beginners and why? What points would you not stress and why?
2. Explain the concept of **Senpai-Kohai** and its importance in Iaido.
3. Explain how correct **Ma-ai** is important in Iaido.
4. What is meant by **Shu Ha Ri** in budo?

2. Tournament Iaido

Answer one (1) of the following questions in this section:

1. In your opinion, what is the value of “competitive” Iaido?
2. Name three (3) penalties that can be assessed against a competitor in an Iaido shiai.
3. Describe three (3) elements that you would use when judging an Iaido shiai.

3. Development and Promotion of Iaido

Answer one (1) of the following questions in this section:

1. How has Iaido impacted your life outside the dojo?
2. As well as the main technical points laid out in the Seitei Iaido manual, what other points of consideration are there when evaluating candidates in a grading?
3. Describe how Iaido can serve as a means of self-improvement.
4. What advice/guidance would you give a student wanting to start using a sharp sword?